PERSPECTIVE Innovations in Optical Biology: Enhancing Eye Sight with Bioptics

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Description

In the realm of vision correction, a revolutionary development known as bioptics is capturing the attention of both eye care professionals and patients alike. Bioptics combines two distinct vision correction methods; refractive surgery, such as Laser-Assisted *in situ* Keratomileuses (LASIK) or Photo Refractive Keratectomy (PRK), and contact lenses or eyeglasses. This innovative approach offers a versatile solution for individuals with refractive errors like nearsightedness (myopia), farsightedness (hyperopia), and astigmatism, as well as presbyopia, which affects individuals as they age.

About 95% of the time, people with biopsies only use their carrier lens to see. The patient swiftly scans the binocular section when they need magnification to see small details like road signs, traffic lights, and distant objects. The brief use of the bioptic telescope is comparable to how quickly everyone checks their rearview mirror when driving. Bioptics, a portmanteau of "biological" and "optics," refers to the combination of two or more vision correction modalities to optimize visual acuity and address specific vision needs. It is a personalized approach that tailors vision correction to individual requirements, offering a versatile solution for various eye conditions.

Primary components of bioptics

Refractive surgery: This includes techniques like LASIK and PRK, which reshape the cornea to correct refractive errors. LASIK involves creating a corneal flap and using a laser to reshape the cornea, while PRK involves removing the outer layer of the cornea before laser reshaping.

Contact lenses or eyeglasses: After refractive surgery, some individuals may still require corrective lenses for specific vision tasks or situations. This can include reading glasses for presbyopia or specialized contact lenses for astigmatism.

Applications of bioptics

Presbyopia: Bioptics can help individuals with presbyopia achieve clear vision at various distances. After refractive surgery, they may wear reading glasses or multifocal contact lenses to accommodate near vision.

Astigmatism: For individuals with astigmatism, bioptics can provide clear vision by combining refractive surgery with specialized toric contact lenses or eyeglasses.

Nearsightedness and farsightedness: Bioptics can correct these common refractive errors, allowing patients to reduce their reliance on corrective lenses for most daily activities.

Benefits of bioptics

Personalized solution: Bioptics offer a customized approach to vision correction, addressing individual needs and preferences.

Reduced dependence on glasses: Many patients find that bioptics significantly reduce their reliance on eyeglasses or contact lenses for everyday tasks.

Improved quality of life: Clearer vision at various distances enhances overall quality of life, allowing individuals to engage in activities without the constant need for corrective lenses.

Versatility: Bioptics can be adjusted as vision needs change over time, making them suitable for a wide range of patients.

Bioptics represents a promising innovation in the field of vision correction, offering a personalized and versatile solution for individuals with refractive er-

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rors and presbyopia. By combining refractive surgery with contact lenses or eyeglasses, bioptics can provide clear vision at various distances, reducing dependence on corrective lenses for many daily activities. As this field continues to evolve, it is essential for individuals seeking vision correction options to consult with their eye care professionals to explore whether bioptics may be a suitable and beneficial choice for their unique vision needs.