



Preventing Clinical Leakage of Colonic Anastomoses with A Fibrin - Coated Collagen Patch Sealing - An Experimental Study

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Abstract

Background: Anastomotic leakage remains a major complication following colorectal surgery, with a largely unknown pathophysiology and limited treatment options. Previous clinical studies have revealed that many leakages on colo-rectal anastomoses remain subclinical. Prior attempts at prophylactic mechanical sealing of gastrointestinal anastomoses, i.e., the application of various forms of mesh and fibrin components, have been disappointing. We therefore decided to determine whether a collagen patch coated with fibrin glue components (TachoSil®) is able to seal leaking colonic anastomoses and thereby prevent clinical leakage and peritonitis.

Material and methods: Prospective study on 20 pigs operated with experimentally induced defects in colonic anastomoses randomized to sealing vs. no sealing with a collagen patch coated with fibrin glue components. The primary study endpoints were visible leakage at the anastomotic site, death or illness causing sacrifice and fecal peritonitis (local or diffuse).

Results: A significant reduction in macroscopic anastomotic leakage in the group of pigs with sealed anastomoses was found (2/10 vs. 9/10, $p=0.0055$). Furthermore, macroscopic examination of the abdominal cavity ($n=20$) showed a significant decrease in peritonitis in the sealed vs. non-sealed groups (2 vs. 9, $p=0.0055$). Additionally, a reduction, although non-significant, in dead and sacrificed animals before the end of the observation period (1 vs. 4) was found in the sealed group.

Conclusion: A collagen patch coated with fibrin glue components efficiently seals leaking gastrointestinal anastomoses in pigs. Whether these results may be applied to humans in order to prevent clinical anastomotic dehiscence must be investigated in future randomized clinical studies.

Key words: Anastomosis, sealing, fibrin glue, leakage, collagen patch

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Introduction

Anastomotic leakage remains a major complication following gastrointestinal surgery, with reported incidences up to 19% depending on the surgical procedure and patient comorbidity [1,2], and with severe consequences in terms of poor short- as well as long-term outcome [3-9]. The pathogenesis remains largely unknown,

though some demographic data (e.g., rectal surgery and cardiovascular comorbidity) have been shown to correlate with an increased leakage rate [1,10,11]. Perioperative interventions such as bowel preparation, temporary stoma creation or drain insertion do not influence the incidence of anastomotic leakages [1, 12,13]. Treatment options are limited to reversal of the

anastomosis with subsequent stoma formation (in patients with clinical signs of peritonitis), or conservative treatment, depending on the site of leakage and clinical condition of the patient. Previous clinical studies have revealed that many leakages on colo-rectal anastomoses remain subclinical [14-16].

In attempts to reduce the incidence of anastomotic leakage, several studies involving attempted mechanical sealing of gastrointestinal anastomoses with various devices, including omental flaps and meshes, have been performed; the results, however, have been unconvincing [17-42]. A collagen patch coated with fibrin glue components (TachoSil®) has been developed and marketed specifically as a hemostatic agent [43,44]. From the limited success seen with liquid fibrin glue components as well as various meshes to seal anastomoses, the hypothesis emerged that combined sealing with a collagen patch coated with fibrin glue components may benefit anastomotic healing as well as reduce clinical leakage.

Consequently, we conducted an experimental study in order to determine whether a collagen patch coated with fibrin glue components could seal leaking colonic anastomoses, thereby preventing peritonitis.

Materials and Methods

Prospective study on 20 LYD (Landrace x Yorkshire x Duroc) pigs, with mean weight being 38.0 kg. Following premedication with midazolam, laparotomy was performed under general anesthesia, maintained with propofol and fentanyl. The colon was divided, resected 2 cm, and an end-to-end, double-layer anastomosis was made with interrupted absorbable polyfilament suture (Vicryl® 3-0). Before completion of the double-layer suture, a standardized defect in the anastomosis was made by inserting a tube of 21 mm in diameter through the anastomosis from the outside. The remaining sutures were then placed around the tube, which was subsequently removed in order to produce a standardized defect. The size of the tube was based on previous experimental findings of a defect made by a tube of 21 mm in diameter, resulting in significant anastomotic leakage and peritonitis [45]. Following formation of the standardized defect, the 20 pigs were randomized into two groups of 10 pigs each to sealing vs. no sealing of the defect. Randomization was achieved by the sealed-envelope method. In the pigs

randomized to sealing, the entire anastomotic line was sealed with a 9.5cm x 4.8cm collagen patch coated with fibrin glue components (TachoSil®, Nycomed, Zurich, Switzerland). TachoSil® consists of an equine collagen patch coated with the fibrin glue components — human fibrinogen and human thrombin. TachoSil®, originally marketed as a hemostatic product, is approved for human use by the European Medicines Agency (EMA) and comes in a sterile packing for intraoperative use. In the pigs randomized to no sealing, the anastomoses with the standardized defect were left untouched. Following the sealing vs. no sealing procedure, the abdominal wall was closed in all pigs. Antibiotic prophylaxis took the form of a single preoperative dose of 1ml (25.000 IU)/10kg procaine benzylpenicillin and dihydrostreptomycin of 50 mg/10 kg.

The pigs were continuously monitored (general behavior, food intake, fecal production, and temperature) for 7 days postoperatively. Animal care and observations during the study period were performed by trained animal technicians, and supervised by veterinarians who attended the animals daily as well as in the onset of illness. The pigs were euthanized on completion of the observation period (7 days postoperatively) or before, if they showed any signs of illness. Euthanasia was performed by injection of 1000mg pentobarbital, and macroscopic examination of the abdominal cavity took place post-mortem.

The primary study endpoints were visible leakage at the anastomotic site, death or illness causing sacrifice, and fecal peritonitis (local or diffuse). One week after surgery, it is likely to believe that some degree of macroscopically and/or histopathologic inflammation will be found, whether there is leakage or not. Because of that, we decided to define peritonitis only as fecal peritonitis, i.e., visible feces in the peritoneum. This might be all over the peritoneum, i.e., diffuse, or just in a part of the peritoneum, e.g., around the anastomosis, i.e., localized.

All surgery was performed by one consultant colorectal surgeon (TN) who is licensed to perform experiments on live animals according to the University of Copenhagen and the Danish Ministry of Justice (license no. 2004-35).

All animals were cared for as per the requirements

of The Danish Animal Experiments Inspectorate, who approved the study (Approval code: 20047561-889).

Statistics

Data were analyzed by Fisher's exact test. $P < 0.05$ was considered significant.

Results

The results are summarized in Table 1. We demonstrated a significant reduction in macroscopic anastomotic leakage in the group of pigs with sealed anastomoses (2/10 vs. 9/10, $p = 0.0055$).

Five pigs died or were sacrificed before the end of the observation period. These animals had an autopsy and were all presented with diffuse or local peritonitis upon examination. The remaining 15 pigs completed the observation period, and were sacrificed after 7 days. Macroscopic examination of the abdominal cavity in all of the animals ($n = 20$) showed a significant decrease in peritonitis in the sealed vs. non-sealed group (2 vs. 9, $p = 0.0055$). Furthermore, a reduction, although non-significant, in dead and sacrificed animals before the end of the observation period (1 vs. 4, $p > 0.05$) was found in the sealed group.

In all pigs the collagen patch coated with fibrin glue components (TachoSil®) was found in situ around the anastomosis.

Discussion

In summary, we found that a fibrin-coated collagen patch may seal an artificially induced leakage at the site of a colonic anastomosis, with subsequent prevention of peritonitis in an experimental model. Furthermore, a reduction (although non-significant) in death and illness causing sacrifice was found in the animals with sealed anastomoses.

A number of mechanical agents for anastomotic sealing have been evaluated previously, however, with unconvincing results, i.e., sealing of anastomoses with omental flaps has had limited success in both experimental [17,23,30,33,37,42] and clinical studies [18,24,34,40], and attempts at sealing using various

forms of mesh have also taken place, but with varying results [19,23,25]. Sealing of colon anastomoses with a polypropylene-type mesh in dogs resulted in a decreased incidence of anastomotic leakage, while no difference was observed following sealing with a polytetrafluorethylene-type mesh [23]. Furthermore, application of a polyglycolic mesh resulted in increased frequency of leakage in the intervention group, possibly attributable to reduced peritoneal or omental contact [25]. Similarly, experimental studies on reinforcement of sutured or stapled gastrointestinal anastomoses with liquid fibrin glue have produced varied results, i.e., one study revealed a reduction in anastomotic leakage [29], while others revealed no difference or even a higher rate of leakage following sealing [20,26-28,35,36,38,41].

Clinical studies involving application of liquid fibrin glue also produced inconclusive results [21,22,31,32,39,46]: one study resulted in no reduction in the incidence of anastomotic leakage compared with a control group following gastric bypass surgery [32], and in a similar, though uncontrolled, study involving 738 patients, only patients whose anastomoses were not sealed with fibrin glue in gastric bypass surgery developed anastomotic leakage (2 patients) [39]. Furthermore, a randomized trial found no advantages of sealing with fibrin glue following pancreaticoduodenectomy [31]. Finally, in two randomized trials involving patients having undergone esophageal resection, no benefit was identified following sealing with liquid fibrin glue [21,22]. No controlled, clinical studies in respect of sealing small bowel, colon or rectum anastomosis have been performed to our knowledge.

Thus, the proposed combination of a mesh coated with fibrin glue may seem a logical development. The aim of the present study was to determine whether a collagen patch coated with fibrin glue components (TachoSil®) is capable of sealing leaking gastrointestinal anastomoses, thereby preventing clinical leakage and peritonitis.

Table 1: The results are summarized in table.

	Leakage	No leakage	Peritonitis (y/n)	Dead/sacrificed before 7 days post-op
Sealed group (n=10)	2*	8*	2/8*	1
Non-sealed group (n=10)	9*	1*	9/1*	4

*Macroscopic anastomotic leakage identified post mortem: Peritonitis refers to faecal peritonitis.

Only a small number of experimental and clinical studies on this form of seal have been published previously. We previously demonstrated the safety of the fibrin glue-coated collagen patch sealing in an experimental model in pigs [47]; however, in a study on small-diameter anastomosis in rats, Chemelnik et al. reported a stenosis of the sealed anastomosis and advised against sealing of small-diameter anastomoses [48]. In contrast, another study of suture-free small-bowel anastomosis in pigs, which was sealed with a fibrin glue-coated collagen patch, reported this method to be safe and feasible [49]. Palentis et al. performed a study on complete and incomplete colonic anastomosis on 206 mice, which was randomized to sealing with a fibrin glue-coated collagen patch (TachoSil®) vs. no sealing, and found improved healing and reduced leakage and lethality in the sealing groups [50].

The present study was performed on a pig model of leaking colon anastomoses validated in a previous study, demonstrating that the experimentally induced anastomotic defect would result in peritonitis if the anastomoses were left unsealed [45]. From the present study, we conclude that a collagen patch coated with fibrin glue components appears efficient in sealing incomplete colonic anastomoses in a pig model. These results are similar to the results of Palentis et al., although this study was performed on mice and with a non-validated model of leakage [50].

Thus, the clinical implications of our results require further investigation in randomized clinical studies in order to determine the potential of this method to prevent clinical anastomotic dehiscence.

Conflicts of Interest

The study was supported by an unrestricted grant from Nycomed Denmark, who had no influence on study design, execution or interpretation.

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